

Theory Time Table For B.P.Ed

Session 2025-2026

B.P.Ed. II SEMESTER

WEF - 08-01-2026

S.N.	Day	10:45 to 11:30	11:35 to 12:20	12:25 to 01:10
1	Monday	Paper I Dr. Himanshu Kumar Tiwari	Paper II DR. Shashi Rani Pal	Paper III Dr. Rahul Trivedi
2	Tuesday	Paper IV A Dr. Raghvendra Singh	Paper IV B DR. Pankaj Singh Chandel	Paper I Dr. Himanshu Kumar Tiwari
3	Wednesday	Paper II DR. Shashi Rani Pal	Paper III Dr. Rahul Trivedi	Paper IV A Dr. Raghvendra Singh
4	Thursday	Paper IV B DR. Pankaj Singh Chandel	Paper I Dr. Himanshu Kumar Tiwari	Paper II DR. Shashi Rani Pal
5	Friday	Paper III Dr. Rahul Trivedi	Paper IV A Dr. Raghvendra Singh	Paper IV B DR. Pankaj Singh Chandel
6	Saturday	Paper I Dr. Himanshu Kumar Tiwari	Paper II DR. Shashi Rani Pal	Paper III Dr. Rahul Trivedi

BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.) SEMESTER – II

PAPER-I	YOGA EDUCATION	Dr. H.K. Tiwari
PAPER-II	EDUCATIONAL TECHNOLOGY AND METHODS OF TEACHING IN PHYSICAL EDUCATION	Dr. S. R. Pal
PAPER-III	ORGANIZATION AND ADMINISTRATION IN PHYSICAL EDUCATION	Dr. Rahul Trivedi
PAPER-IVA	CONTEMPORARY ISSUES IN PHYSICAL EDUCATION, FITNESS AND WELLNESS (ELECTIVE)	Dr. Raghvendra Singh
PAPER-IVB	SPORTS NUTRITION AND WEIGHT MANAGEMENT (ELECTIVE)	Dr. P.S. Chandel

Ground Activity : 2:30 PM Onward, All Teacher will Present

Dr. V.S. Parmar
(H.O.D.)

✓.Singh
BPE/MPED
SSD P.G. College
Karnal

Theory Time Table For B.P.Ed

Session 2025-2026

B.P.Ed. IV SEMESTER

W E F - 08-01-2026

S.N.	Day	10:45 to 11:30	11:35 to 12:20	12:25 to 01:10
1	Monday	Paper I DR. Pankaj Singh Chandel	Paper II DR. Vipendra Singh Parmar	Paper III Dr. Raghvendra Singh
2	Tuesday	Paper IV A Dr. Shashi Rani Pal	Paper IV B DR. Anil Kumar Dwivedi	Paper I DR. Pankaj Singh Chandel
3	Wednesday	Paper II DR. Vipendra Singh Parmar	Paper III Dr. Raghvendra Singh	Paper IV A Dr. Shashi Rani Pal
4	Thursday	Paper IV B DR. Anil Kumar Dwivedi	Paper I DR. Pankaj Singh Chandel	Paper II DR. Vipendra Singh Parmar
5	Friday	Paper III Dr. Raghvendra Singh	Paper IV A Dr. Shashi Rani Pal	Paper IV B DR. Anil Kumar Dwivedi
6	Saturday	Paper I DR. Pankaj Singh Chandel	Paper II DR. Vipendra Singh Parmar	Paper III Dr. Raghvendra Singh

BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.) SEMESTER – IV

PAPER-I	MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION	Dr. P.S. Chandel
PAPER-II	KINESIOLOGY AND BIOMECHANICS	Dr. V. S. Parmar
PAPER-III	RESEARCH AND STATISTICS IN PHYSICAL EDUCATION	Dr. Raghvendra singh
PAPER- IVA	THEORY OF SPORTS AND GAMES (ELECTIVE)	Dr. S. R. Pal
PAPER- IVB	SPORTS MANAGEMENT (ELECTIVE)	Dr. A.K. Dwivedi

Ground Activity : 2:30 PM Onward, All Teacher will Present

Dr. V.S. Parmar
(H.O.D) V-Singh
BPED/MPED
/SSD P.G. College
Kandur

Theory Time Table For B.P.Ed

Session 2025-2026

M.P.Ed. II SEMESTER

WEE - 08-01-2026

S.N.	Day	10:45 to 11:30	11:35 to 12:20	12:25 to 01:10
1	Monday	Paper I Dr. Vipendra Singh Parmar	Paper II MR. Mahesh Chandra Jha	Paper III Dr. Amitabh Tiwari
2	Tuesday	Paper IV A Dr. Himanshu Kumar Tiwari	Paper IV B DR. Devesh Shukla	Paper I Dr. Vipendra Singh Parmar
3	Wednesday	Paper II MR. Mahesh Chandra Jha	Paper III Dr. Amitabh Tiwari	Paper IV A Dr. Himanshu Kumar Tiwari
4	Thursday	Paper IV B DR. Devesh Shukla	Paper I Dr. Vipendra Singh Parmar	Paper II MR. Mahesh Chandra Jha
5	Friday	Paper III Dr. Amitabh Tiwari	Paper IV A Dr. Himanshu Kumar Tiwari	Paper IV B DR. Devesh Shukla
6	Saturday	Paper I Dr. Vipendra Singh Parmar	Paper II MR. Mahesh Chandra Jha	Paper III Dr. Amitabh Tiwari

MASTER OF PHYSICAL EDUCATION (M.P.Ed.) SEMESTER – II

PAPER-I	APPLIED STATISTICS IN PHYSICAL EDUCATION AND SPORTS	DR. V.S. PARMAR
PAPER-II	SCIENTIFIC PRINCIPLES OF SPORTS TRAINING	MR. M. C. JHA
PAPER-III	SPORTS PSYCHOLOGY	DR. AMITABH TIWARI
PAPER-IVA	SPORTS BIOMECHANICS AND KINESIOLOGY (ELECTIVE)	DR. H. K. TIWARI
PAPER-IVB	SPORTS MEDICINE (ELECTIVE)	DR. DEVESH SHUKLA

Ground Activity : 2:30 PM Onward, All Teacher will Present

Dr. V.S. Parmar

(H.O.D.)

BPEd/MPed
VSSD P.G. College
Kandur

Theory Time Table For B.P.Ed

Session 2025-2026

M.P.Ed. IV SEMESTER

WEF 08-01-2026

S.N.	Day	10:45 to 11:30	11:35 to 12:20	12:25 to 01:10
1	Monday	Paper I Dr. Rahul Trivedi	Paper II Dr. Devesh Shukla	Paper III Dr. Anil Kumar Dwivedi
2	Tuesday	Paper IV A Mr. Mahesh Chandra Jha	Paper IV B/LAB Dr. Amitabh Tiwari	Paper I Dr. Rahul Trivedi
3	Wednesday	Paper II Dr. Devesh Shukla	Paper III Dr. Anil Kumar Dwivedi	Paper IV A Mr. Mahesh Chandra Jha
4	Thursday	Paper IV B/LAB Dr. Amitabh Tiwari	Paper I Dr. Rahul Trivedi	Paper II MR. Mahesh Chandra Jha
5	Friday	Paper III Dr. Anil Kumar Dwivedi	Paper IV A Mr. Mahesh Chandra Jha	Paper IV B/LAB Dr. Amitabh Tiwari
6	Saturday	Paper I Dr. Rahul Trivedi	Paper II Dr. Devesh Shukla	Paper III Dr. Anil Kumar Dwivedi

MASTER OF PHYSICAL EDUCATION (M.P.Ed.) SEMESTER – IV

PAPER-I	INFORMATION AND COMMUNICATION TECHNOLOGY IN PHYSICAL EDUCATION	DR. RAHUL TRIVEDI
PAPER-II	SPORTS PSYCHOLOGY	DR. DEVESH SHUKLA
PAPER-III	SPORTS SOCIOLOGY	DR. A. K. DWIVEDI
PAPER-IVA	ADAPTED PHYSICAL EDUCATION (ELECTIVE)	MR. M. C. JHA
PAPER-IVB	DESERTATION (ELECTIVE)	DR. AMITABH TIWARI

Ground Activity : 2:30 PM Onward, All Teacher will Present

Dr. V.S. Parmar
(H.O.D)

HOD
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Kandur

Annual Calendar

B.P.Ed./M.P.Ed. Department

Proposed

1. Alumni Sports meet – First Week of April 2026
2. Two days Seminar on Yogic Science – Second Week of May 2026
3. Inter house Competition – Third Week^{of} May 2026

V. Singh
HOD
BPEd/MPED
VSSD P.G. College
Kanpur

ANNUAL ACTIVITY CALENDAR

SESSION 2025- 2026

To,
The Respected Principal Madam
By-Director of Self-finance,
VSSD College Kanpur

Date-18.02.26

I hereby submit the Annual Activity Report of the Department of B.P.Ed\M.P.Ed.for the academic session 2025–2026. The department organized various academic, sports, and co-curricular activities throughout the year for the overall development of students.

S. No.	Date	Competition	Related Photo
1	11.07.2025	Plantation	
2	28.07.2025	Guest Lecture And Future Perspective in Physical Education by Professor Swadesh Shrivastava Harsahay PG College Kanpur.	
3	29.03.2025 to 01.08.2025	Inter-faculty competition on occasion of sports day.	
4	15.10.2025 to 17.10.2025	Inter-faculty cricket competition.	
5	28.10.2025 to 03.11.2025	Men/women intercollegiate cricket competition.	
6	26.11.2025	Constitution Day.	
7		Conduction of Men\Women cricket camp for north Zone competition.	
8	18.12.2025 to 20.12.2025	7 th all India SSKDA Karate championship	
9	25.12.2025	Sushasan Day	
10	20.01.2026	Sports activity as a tug of bar For inhancing rural sports.	

The Teaching Department of Physical Education (B.P.Ed.\M.P.Ed.) actively worked throughout the academic year to promote physical fitness, sports excellence, and overall personality development among students. The department remains committed to organizing quality academic and sports activities in the future.

The department expresses sincere gratitude to our respected Principal, Director, college administration, faculty members, and students for their valuable support in successfully conducting all activities.

Dr.Vipendra Singh Parmar
(H.O.D.)

Teaching Department of
Physical Education

VSSD P.G. College
Kanpur