



Vikramajit Singh Sanatan Dharma College, Kanpur-208002

Phone (Office):0512-2562613

Website: www.vssdcollege.ac.in

E-mail: prin_vssd@rediffmail.com; info@vssdcollege.ac.in



Metric No. 7.2.1

Best Practice-01

College Prayer

Principal
V.S.S.D. College
KANPUR



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Best Practice-01

Title of the Practice:- College Prayer

Goal:- The specified goal is to enhance the personal, moral and spiritual development of the students.


The Context:- The institution takes pride in owning its prayer song, written by Pt. Ganga Vishnu Mishra and later on modified by Pt. Chandra Shekhar Pandey. Our time table has a stipulated time span of 15 minutes for everyday prayer. This stretches from 10:30 AM. to 10:45 AM.

The Practice:- The teachers, students, office staff and the supporting staff, all participate in the prayer hall for reciting the college prayer.

Evidence of Success:- Prayer for students is vitally important in the present day scenario. Generally the college campuses are full of temptations and other influences affecting students. Prayer is a medium to influence students to make wise choices and excel in studies. Through prayer students are often taught principles such as respect, compassion and responsibility which are essential in personality development and help enormously in future endeavour. The success of this practice is evident by the calm and disciplined atmosphere in the campus. This is reflected by the absence of any unwanted incident within the college premises. The academic success rate of our students is also enhanced.

Problems Encountered and Resources Required:- As recitation of college prayer is a regular practice so no problem is encountered by the college administration. The minimal resources are required of this practice. We have our well equipped prayer hall where all gather for the purpose.

Link for the Prayer: <https://vssdcollege.ac.in/prarthna/>
Audio Link: <https://vssdcollege.in/wp-content/uploads/Prayer.mp3>


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महाविद्यालय प्रार्थना

यं ब्रह्मावरुणेन्द्रमरुतः स्तुवन्ति दिव्यै स्तवैः-

वेदैः साङ्ख्यपदक्रमोपनिषदैर्गायन्ति यं सामगायन्ति

ध्यानवस्थिततद्गतेन मनसा पश्यन्ति यं योगिनो

यस्याज्ञं न विदुः सुरासुरगणादेवाय तस्मै नमः।

जो सकल संसार का कारण अनादि अनन्त है।

जो चराचर-जगत् का पालक परम भगवंत है।

सत्य-शिव-सुन्दर सदा जो ज्ञान राशि अनूप है।

जो स्वयं निर्गुण बना भी सगुण सुन्दर रूप है।

परम पावन जो दयामत्र दीनबन्धु ललाम है।

उस अगम अखिलेश को मम कोटि-कोटि प्रणाम है।

ज्योति जिसकी जागती रवि, चन्द्र, तारक-पुंज में।

और छिटीकी है छटा तरु, पुष्प, ललिता-कुंज में।

है झलक सर्वत्र, जो घट-घट रमा, अभिराम है।

भक्त-जन-रंजन सदा जो परम करुणाधाम है।

सर्व-शासक, सर्व-व्यापक, पतित-पावन नाम है।

उस अगम अखिलेश को मम कोटि-कोटि प्रणाम है।

देवाधिदेव जगदीश दयालु दाता।

कोई न दृष्ट तुझ सा जग-बीच आता।

तेरी अपार महिमा जग ने न जानी।

हारे अनन्त नर, नाग, सुरेश, ज्ञानी।

कोई तुझे संगल सुन्दर जानता है।

कोई अनादि अज अव्यय मानता है।

निरूप रूप सब में तव भासता है।

सम्बन्ध व्योम-जल सा नित राजता है।

सर्वे कुशलिनः सन्तु सर्वे सन्तु निरामयाः।

सर्वे भद्राणि पश्यन्तु मा कश्चित् दुःखभाग्भवेत्।

ॐ सह नावतु, सह नौ भुनक्तु, सह वीर्यं करवावहे।

तेजस्वि नावधीतमस्तु मा विद्विषावहे।

ॐ शान्तिः ! शान्तिः !! शान्तिः !!!

ॐ शान्तिः! शान्तिः!! शान्तिः!!!