

Vikramajit Singh Sanatan Dharma College, Kanpur-208002

Phone (Office):0512-2562613

Website: www.vssdcollege.ac.in.





Metric No. 7.2.1

Best Practice-01

College Prayer

Principal V.S.S.D. College KANPID



Vikramajit Singh Sanatan Dharma College, Kanpur-208002

Phone (Office):0512-2562613

Website: www.vssdcollege.ac.in.

E-mail:prin_vssd@rediffmail.com; info@vssdcollege.ac.in



Best Practice-01

Title of the Practice:- College Prayer

Goal:- The specified goal is to enhance the personal, moral and spiritual development of the

students.

The Context:- The institution takes pride in owning its prayer song, written by Pt. Ganga

Vishnu Mishra and later on modified by Pt. Chandra Shekhar Pandey. Our time table

has a stipulated time span of 15 minutes for everyday prayer. This stretches from

10:30 AM. to 10:45 AM.

The Practice:- The teachers, students, office staff and the supporting staff, all participate in

the prayer hall for reciting the college prayer.

Evidence of Success:- Prayer for students is vitally important in the present day scenario.

Generally the college campuses are full of temptations and other influences affecting

students. Prayer is a medium to influence students to make wise choices and excel in

studies. Through prayer students are often tought principles such as respect,

compassion and responsibility which are essential in personality development and help

enormously in future endeavour. The success of this practice is evident by the calm

and disciplined atmosphere in the campus. This is reflected by the absence of any

unwanted incident within the college premises. The academic success rate of our

students is also enhanced.

Problems Encountered and Resources Required:- As recitation of college prayer is a

regular practice so no problem is encountered by the college administration. The

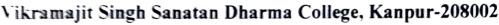
minimal resources are required of this practice. We have our well equipped prayer hall

where all gather for the purpose.

Link for the Prayer: https://yssdcollege.ac.in/prarthma.

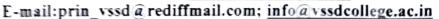
Audio Link: https://vssdcollege.in/wp-content/uploads/Prayer.mp3

VSSD Collins



Phone (Office):0512-2562613

Website: www.vssdcollege.ac.in,





महाविद्यालय प्रार्थना

यं ब्रह्मावरुणेन्द्ररुद्रमरुतः स्तुन्वन्ति दिव्यै स्तवै:-वेदैः साङ्ग्यदक्रमोपनिषदैर्गायन्ति यं सामगाः) ध्यानावस्थिततद्गतेनमनसा पञ्चन्ति यं योगिनो यस्यान्तं न विदः स्रास्रगणादेवाय तस्मै नमः।

> जो सकल संसार का कारण अनादि अनत है। जो चराचर-जगत् का पालक परम भगवंत है। सत्य-शिव-सुन्दर सदा, जो ज्ञान राशि अनूप है। जो स्वयं निगुण बना भी सगुण सुन्दर रूप है। परम पावन जो दयामत्र दीनबन्धु ललाम है। उस अगम अखिलेश को मम कोटि-कोटि प्रणाम है।

ज्योति जिसकी जागती रिव, चन्द्र, तारक-पुंज में। और छिटकी है छटा तह, पुष्प, ललिता-कुंज में। है झलक सर्वत्र, जो घट-घट रमा, अभिराम है।

> भक्त-जन-रंजन सदा जो परम करुणाधाम है। सर्व-शासक, सर्व-व्यापक, पतित-पावन नाम है। उस अगम अखिलेश को मम कोटि-कोटि प्रणाम है।

देवाधिदेव जगदीश दयालु दाता। कोई न दृष्ट तुझ मा जग-बीच आता। तेशी अपार महिमा जग ने न जानी। हमें अनल नर, नाग, सुरेश, जानी। कोई तुझे सरल सुन्दर जानता है। कोई अनादि अज अव्यय मानता है। निर्लेष रूप सब में तब भासता है। मम्बन्ध व्योम-जल सा नित राजता है।

सर्वे कुशिलनः सन्तु सर्वे सन्तु निरामयाः। सर्वे भदाणि पश्यन्तु मा कश्चित् दुःखभाग्भवेत।

30 मह नाववतु, सह नौ भुनक्तु, सह वीर्य करवावहै। तेष्टस्वि नावधीतमस्तु मा विद्विषावहै 30 शान्तिः ! शान्तिः !! शान्तिः !!!

ॐ शान्तिः! शान्तिः!! शान्तिः!!!

AM